



[This page prints out on 2 sheets]

Drugs and Alcohol

Read these pages to learn more about drugs and alcohol.

Learn:

- How to find out if your teen is using drugs and alcohol
- What you can do about it
- How to Get support from schools

What substance abuse is:

- Substance abuse is what happens when teens use drugs and alcohol to feel better.
- They become dependent on drugs and alcohol. This means they feel they need the drug to feel better.
- Teens may start using drugs all the time, and forget about everything else.

How substance abuse affects teens with hearing loss:

Teens with hearing loss may use drugs and alcohol for many reasons. They may:

- Want to fit in with their hearing friends.
- Think drugs will help fix their problems.
- Think that things can't get any worse and they give up.



Hearing loss may cause your teen to feel all alone.

- Your teen may feel different from other kids.
- He may feel angry that no one understands him.
- Your teen may feel sad or bad about himself.
- He may be [depressed](#).
- He may use drugs or alcohol to help him feel better.

If your teen is using drugs and alcohol, he has a serious problem that needs help fast.

Read about the [signs of substance abuse](http://www.raisingdeafkids.org/growingup/teen/drugs/signs.jsp) (<http://www.raisingdeafkids.org/growingup/teen/drugs/signs.jsp>) and how you can tell if your teen has a problem.

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You can find this page online at: <http://www.raisingdeafkids.org/growingup/teen/drugs/index.jsp>